

ISHIB Newsletter



Improving the health care and life expectancy of ethnic populations around the world

July 2010

ISHIB Annual Meeting

On July 9-11, 2010, ISHIB convened its 25th Annual International Interdisciplinary Conference on Hypertension and Related Cardiovascular Risk Factors in Ethnic Populations. This year's program theme was "Cardiovascular Disease Disparities in the Genomic Era: Innovative Approaches to Risk Assessment and Treatment." Conference Co-Chairs **Angela L. Brown**, MD, and **Charles Rotimi**, PhD, hosted the annual meeting held just outside of Washington, DC in Crystal City, VA. ISHIB2010 included three plenary sessions, three workshops, a half day Hypertension Academy, a corporate-sponsored symposium, and abstract poster sessions.

Mr. **J. Walter Tejada**, Arlington County Board Member, participated in the opening ceremonies by officially welcoming ISHIB2010 attendees to Arlington County. New Executive Director Mr. **Theodore E. Lewis, Jr.** (Ted) was also welcomed by the ISHIB Board and membership.

Guidelines

A highlight of this year's program was the ISHIB 2010 Guidelines Consensus Statement. The guidelines, which have been accepted for publication in a peer-reviewed journal to be released later this year, were featured in a plenary session "Developing the ISHIB Consensus Statement: Rationale and Approach" and "An Overview of the 2010 ISHIB Hypertension Consensus Statement," presented by writing group member **Richard Grimm**, MD, and lead author **John M. Flack**, MD, MPH, respectively.

The guidelines were also the focus of two workshops. ISHIB Secretary/Treasurer, **Brent Egan**, MD, chaired "2010 ISHIB Hypertension Guidelines: Drug Therapy and Lifestyle Modification" with faculty **Veita J. Bland** and Conference Co-Chair, **Angela L Brown**, MD. The guidelines workshop, "ISHIB 2010 Hypertension Guidelines: How to Utilize the Guidelines (Treatment)," was chaired by **Jackson T. Wright, Jr.**, MD, PhD, with faculty **Ralph E. Watson**, MD, and writing group member **Keith C. Ferdinand**, MD.

Awards

An important segment of the ISHIB2010 Annual Meeting was acknowledging the levels of corporate support that ISHIB receives throughout the year. At the President's Recognition and Awards Ceremony Reception, ISHIB President **Shawna**



D. Nesbitt, MD, MS, along with Vice President **David S. Kountz**, MD, MBA, recognized the following levels of support:

- Platinum – Daiichi Sankyo, Novartis, Forest**
- Diamond – Takeda**
- Gold – Sanofi Aventis**
- Corporate Partner – Merck**

Corporate-Sponsored Symposium

On Friday, July 9, during ISHIB2010, one of the ISHIB founding fathers, **Elijah Saunders**, MD, chaired the dinner symposium "Reduction of Cardiovascular Risk in Ethnic Minorities: The Role of Endothelial Dysfunction" with faculty **German Hernandez**, MD, and **R. Preston Mason**, PhD.

The symposium was supported by an independent

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ISHIB Annual Meeting (cont.)

educational grant from Forest Laboratories, Inc., and featured presentations followed by a faculty panel discussion with questions from the audience. Throughout the program, the audience answered questions using audience response technology to measure immediate learning. ISHIB will follow up with program attendees six weeks after the program to measure the durability of the program learnings.

Additional events at ISHIB2010 included the Abstract Poster Sessions, Annual Members' Meeting, Corporate Partners Roundtable, Exhibition Floor, and the Opening Ceremony, Neil Shulman Lecture with keynote speaker **Griffin P. Rodgers, MD**, director of NIDDK.

Other ISHIB News

Please join us on Saturday, August 14, 2010 for the final symposium in the series "Successful Management of Multiple Risk Factors in the Hypertensive African American Patient with Concomitant Disease." The program will be held at the Dallas Marriott Suites Market Center in Dallas, TX. ISHIB President Shawna D. Nesbitt, MD, MS will chair the program with esteemed faculty Kwame Osei, MD, and ISHIB Secretary/Treasurer Brent Egan, MD.

This program is supported through an unrestricted educational grant from Novartis Pharmaceuticals.

For registration information please contact ISHIB Senior Project Manager Ms. Terry Jackson (terry-jackson@ishib.org).

Upcoming Events

ISHIB

August 14

Regional Symposium

Successful Management of Multiple Risk Factors in the Hypertensive African American Patient with Concomitant Disease
Dallas, Texas

404.880.0343 for information

American Association of Diabetes Educators

www.diabeteseducator.org

August 4-7

AADE 37th Annual Meeting - San Antonio

British Hypertension Society

www.bhsoc.org

September 13-15

Annual Scientific Meeting of the British Hypertension Society - Cambridge

Cardiometabolic Health Congress

www.cardiometabolichealth.org

October 20 -23

2010 Cardiometabolic Health Congress - Boston

European Association for the Study of Diabetes

www.easd.org

September 20 -24

46th Annual Meeting of the European Association for the Study of Diabetes - Stockholm

Heart Failure Society of America

www.hfsa.org

September 12-15

14th Annual Scientific Meeting of the Heart Failure Society of America - San Diego

International Diabetes Federation

www.idf.org

October 17-20

8th International Diabetes Federation Western Pacific Region Congress - Busan, Korea
October 26-29

2nd Annual Congress of the Global Diabetes Alliance - Cairo

International Society of Hypertension

www.ish-world.com

September 26 - 30

The 23rd Scientific Meeting of the International Society of Hypertension - Vancouver

Malaysian National Diabetes Institute

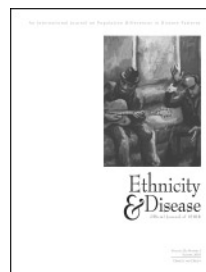
www.dac2010.com

October 6-10

9th Continuing Professional Development Series "Diabetes Asia 2010" - Sarawak, Malaysia

Ethnicity & Disease, Official Journal of ISHIB

Volume 20, Issue 3 is scheduled for release in early August. In the meantime, for past issues of the journal, please visit http://www.ishib.org/ED_index.asp where subscribers and ISHIB members can download PDF files of each article published in earlier issues.



Many thanks to the ISHIB 2010 Corporate Partners



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